

April J. Odom, MSN, APRN-FPA, CRRN, FNP-BC is a Family



Nurse Practitioner with over 20 years of healthcare experience. She has worked as a pharmacy technician, certified nurse assistant (CNA), registered nurse (RN) and is currently practicing as an Advanced Practice Registered Nurse (APRN-FPA) with Full Practice Authority.

During her nursing career she gained experience in inpatient subacute rehabilitation, home healthcare, outpatient surgery, emergency medicine, leadership roles and as an instructor teaching the future of nursing as co-founder of Competent Healthcare.

April has been a preceptor for many nurses and has been both a mentee and mentor. She is also the current Vice-President with Illinois Society for Advanced Practice Nurses (ISAPN) and an active participant on multiple committees. April is the Mentoring chair of Professional Women's Network (PWN), a member of American Academy of Nurse Entrepreneurs (AANE), American Academy of Nurse Practitioners (AANP), and Illinois Obesity Society. April recently co-founded Train, educate and mentor (T.E.A.M) nurses a non-profit organization that focuses on training and educating health professionals, educating the community and mentoring the next generation.

April is also the CEO and Nurse Practitioner of Physicals Plus, a health and wellness clinic where she focuses on preventing chronic disease by offering vitamin therapy, medically supervised weight loss and provides comprehensive care for families, including house calls to the senior population. April teaches American Heart Association (AHA) approved cardiopulmonary (CPR) courses, business courses and educational courses for health professionals and entrepreneurs.

April is the recipient of the Rehabilitation Institute of Chicago (RIC) Magnusen Award (2014), PWN Ignitor Award (2019) and Illinois Nurse Foundation (INF) 40 under 40 Emerging Nurse Leaders Award (2019).

In her spare time, she enjoys spending time with her husband and two sons. She loves cruises, planning events and trying new restaurants.

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